

Reduce or eliminate  
**FOOT PAIN**  
 with orthotics



EST. **NW** 1964  
**PODIATRIC**  
 LABORATORY

[www.nwpodiatric.com](http://www.nwpodiatric.com)

*Incomparable Products.*  
*Unrivaled Results.*

**SUPERGLASS<sup>®</sup>**

Today's most advanced fiberglass/graphite/epoxy resin components, a patented reinforcement system and a proprietary manufacturing technique make Superglass<sup>®</sup> amazingly thin, light and strong.



FIRM —●— SOFT

**NCV**

Developed to utilize innovative new materials (carbon fiber-reinforced polymer) and manufacturing processes, NCV faithfully maintains the craftsmanship and artistry that's been our hallmark since 1964.



FIRM —●— SOFT

**PRESCRIPTION COMFORT<sup>™</sup>**

A thinner, more supportive approach to comfort-focused orthotics, Prescription Comfort<sup>™</sup> is crafted with a flexible composite internal structure and topped with pre-stressed foam for an exceptional feel.



FIRM —●— SOFT

So, you have foot pain? Foot pain is almost always a symptom of faulty foot mechanics and is aggravated by stress, lifestyle, footwear, leisure activities, age and medical condition. Your feet are as individual as you are, so when your healthcare professional consults with you, he or she will be looking for a personalized solution to your problem.

Your healthcare professional may prescribe custom orthotics. If so, he or she will create molds/impressions or capture 3D scans of your feet while holding each foot in the ideal functioning position.

Northwest Podiatric Laboratory has developed the thinnest, lightest and strongest foot orthotics available, using cutting edge materials and advanced engineering. Your healthcare professional will choose the orthotic that's most suitable for your lifestyle and the medical requirements of your feet.

At Northwest Podiatric Laboratory, your orthotics will be handcrafted by our extensively trained technicians. Your orthotics will undergo a series of 34 quality control checks before leaving our laboratory.

Underneath your feet will be custom orthotics that restore your natural balance, gait and posture; and will reduce or eliminate the pain you originally consulted your healthcare professional about.

So remember, when your healthcare professional asks "Where does it hurt?" you've just taken the first step toward better health.

How our  
**ORTHOTICS**  
reduce  
foot pain

YOU TAKE UP TO 10,000 STEPS EVERY DAY. NO WONDER YOUR FEET HURT! OUR ORTHOTICS HAVE BEEN DEVELOPED AND REFINED FOR DECADES BY DENNIS BROWN (A RETIRED BRITISH SOLDIER AND NATURAL-BORN INVENTOR) AND DR. CHRIS SMITH (A BIOMECHANICS PIONEER AND PROFESSOR EMERITUS AT THE CALIFORNIA SCHOOL OF PODIATRIC MEDICINE). WE KNOW ORTHOTICS!



ATHLETIC INJURIES, JOINT PAIN, RUNNER'S KNEE, SHIN SPLINTS & ANKLE PAIN are usually caused or aggravated by excessive use of an unstable or collapsing arch. Orthotics realign and stabilize the arch for proper gait and balance.

YOUR FOOT IS AN ELABORATE STRUCTURE containing 26 bones and 33 joints held together with 107 ligaments and multiple muscles and tendons.



COMFORT. Prescription orthotics can reduce or eliminate pain. This x-ray demonstrates how a properly fit, handcrafted orthotic cradles your foot to restore your natural balance, gait and posture.

FOREFOOT PAIN (METATARSALGIA). When you walk or run, your feet must bear several times your body weight. These symptoms are the result of instability during these weight-bearing activities. Foot orthotics realign and stabilize the foot and restore your natural balance.

HEEL PAIN (PLANTAR FASCIITIS). Heel pain is frequently associated with a sharp pain in the arch. This is related to lack of shock absorption at the moment your heel hits the ground and the excessive lengthening and stretching of your foot during weight-bearing activities. Orthotics activate the body's natural shock absorbing mechanism and simultaneously shorten and stabilize the foot.

COLLAPSED ARCHES (PRONATION). This is the cause of many problems - from general pain and fatigue to bunions, calluses and hammertoes. Orthotics realign the foot to help relieve these chronic symptoms.

**NWPL**