

SmartCast®

ENSURE PROPER POSITIONING OF THE ACHILLES REST ON THE ACHILLES TENDON (rev. 6/20)

The Achilles Rest should rest on the patient's Achilles tendon, not on their calf or calcaneus (heel bone). The Achilles Rest generally self-adjusts, but should always be checked and moved forward/backward as necessary.

Further, the patient's leg should be resting comfortably on the Achilles Rest, not "floating" above it.

